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Mangrove Forests: Distribution, Species Diversity, Roles, Threats and Conservation Strategies

Chapter · September 2021

DOI: 10.1002/9781119692621.ch12

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12.1 Introduction

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Mangroves are a group of trees and shrubs belonging to several families of flowering plants (Santisuk 1983, p. 63; Ricklefs and Latham 1993, p. 215). Owing to a large number of unique and special morphological, physiological, and anatomical modifications such as buttress root system, pneumatophores, root ultrafiltration systems, vivipary, salt secretion system, and cell wall composition, they can tolerate extreme saline coastal conditions and are adapted to narrow zone between the land and sea (Kathiresan and Bingham 2001; Dahdouh-Guebas et al. 2007; Liang et al. 2008). Mangroves are also known as tidal forests, marine forests, marsh forests, or ocean rain forests (Kathiresan and Bingham 2001; Naidoo 2016). The term "mangrove," in general, is used to encompass the unique plants belonging to different families having specialized characters that help them grow in a narrow intertidal zone between land and sea (Macnae 1968; Tomlinson 2016; Bibi et al. 2019). The term "mangal" is used for mangrove forest communities including other biotic components such as microbes and fungi, animals and other mangrove-associated plants (Macnae 1968; Bibi et al. 2019). Mangroves are a

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Wetlands Conservation: Current Challenges and Future Strategies, First Edition. Edited by Sanjeev Sharma and Pardeep Singh. © 2022 John Wiley & Sons Ltd. Published 2022 by John Wiley & Sons Ltd.

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good source of numerous products such as food, honey, medicines (such as steroids, triterpenes, saponins, flavonoids, alkaloids, and tannin), timber and firewood, and services such as recreation, ecotourism, and aesthetics (Othman 1994, p. 277; Mazda et al. 1997; Kathiresan 2012; Guannel et al. 2016; Macreadie et al. 2017, p. 206; Owuor et al. 2019b). Timber from mangroves is used for constructing houses, furniture, house studs. rafters, joists, telegraph poles, walls, bridges, railway sleepers, fish trap poles, paddles and rafts, boats and paddleboards, and fuel (Bandaranayake 1998). Mangroves help in the protection of seagrasses, coral reefs, and shrimp by collecting riverine runoff sediments (Primavera 1998; Valiela and Cole 2002; Duke and Larkum 2008, p. 156). They are an important component of "coastal blue carbon" as they store and sequester large amounts of carbon (Donato et al. 2011: Lee et al. 2014: Alongi 2015: Estrada and Soares 2017; Kelleway et al. 2017; Rogers et al. 2019). Current studies suggest that mangroves sequester higher carbon than the mature tropical rain forests and most of it is stored below ground, suggesting their important roles in combating climate change posed by global warming (Francisco et al. 2018; Sanderman et al. 2018; National Oceanic and Atmospheric Administration 2020).

As per the IUCN red list of threatened species report, 11 out of 73 mangrove species are near threatened (IUCN 2020b) due to several reasons such as excessive exploitation, habitat destruction, mangrove forest encroachments, human settlements, and road and construction activities (Barbier and Sathirathai 2004; Polidoro et al. 2010; Barbier et al. 2011; Costanza et al. 2014). The rising global sea level due to global warming and changing salinity levels also threaten the existence of the mangroves. Despite being one of the most productive, unique, and important ecosystems, the mangroves face a serious existential crisis. Their narrow zone of existence and the shrinking of the habitat raise serious concerns (Polidoro et al. 2010; IUCN 2010). Increasing concerns about the loss of such important ecosystems of the world have shifted the focus of the global community toward taking actions in saving, conserving, and restoring mangrove ecosystems (Carugati et al. 2018). Therefore, conservation and restoration efforts must be taken to rescue the leftover habitats and the remaining species for their tremendous goods and services to the plants and people (Lefebvre and Poulin 1997; Lewis 2005; Giri et al. 2011). The protection of mangrove ecosystems requires the cooperation of local communities, NGOs, and state and central governments along with the expertise of scientists and academics (Farley et al. 2010, p. 36; Romañach et al. 2018). Concerted efforts from various corners of domains are required to protect the unique ecosystems of the world. This chapter provides an outline of the importance of the unique mangrove ecosystems, their diversity, threats, and conservation challenges.

12.2 Mangrove Species Diversity

Based on several characters, mangroves have been classified as true mangroves or obligate mangroves and mangrove associates or semi-mangroves (Wang et al. 2010, 2011; Tomlinson 2016, p. 29). True mangroves are characterized by their occurrence in

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mangrove forests and not in terrestrial communities, are major components of the mangrove forests possessing special characters for adaptation/survival in the saline environment and mechanisms for the salt exclusion (Tomlinson 2016, p. 29; Ouadros and Zimmer 2017). True mangroves are further grouped into major and minor components of mangrove ecosystems (Spalding et al. 2010; Tomlinson 2016, p. 29; Ouadros and Zimmer 2017). Spalding et al. (2010) have published an important updated book titled "Atlas of Mangroves" giving detailed maps of mangroves across the globe. They have enlisted a total of 73 true mangrove species and hybrids (Spalding et al. 2010). Mangrove species are genetically distinct but ecologically related (Bibi et al. 2019) with the common property of inhabiting the intertidal region (Duke et al. 1998). True mangrove species and hybrids including major and minor components are distributed across 28 genera belonging to 18 diverse families of flowering plants (Table 12.1). Rhizophoraceae is one of the most important and diverse families of mangroves comprising four genera, i.e. Bruguiera (7 species), Ceriops (3), Kandelia (2), and Rhizophora (10), Combretaceae comprises three genera, i.e. Conocarpus (1), Laguncularia (1), and Lumnitzera (3). Malvaceae, Leguminosae, Bignoniaceae, Lythraceae, and Meliaceae comprise two genera each. Malvaceae is represented by Camptostemon (2) and Heritera (3), Leguminosae by Cynometra (1) and Mora (1), Bignoniaceae by Dolichandrone (1), and Tabebuia (1) and Lythraceae by *Pemphis* (1), and *Sonneratia* (9). The family Meliaceae is represented by Aglaia (1) and Xylocarpus (2). Rest of the families are represented by one genus each, i.e. Acanthaceae by Acanthus (2), Pteridaceae by Acrostichum (3), Plumbaginaceae by Aegialitis (2), Primulaceae by Aegiceras (2), Avicenniaceae by Avicennia (8), Ebenaceae by Diospyros (1), Euphorbiaceae by Excoecaria (2), Arecaceae by Nypa (1), Myrtaceae by Osbornia (1), Tetrameristaceae by Pelliciera (1), and Rubiaceae by Scyphiphora (1). Diversity of true mangroves and their threat status are shown in Table 12.1. Of the total 73 species and hybrids, three are critically endangered, three are endangered, and seven are vulnerable whereas five are near threatened (Table 12.1, Figure 12.1). Although the majority of species are least concerned, some of them show a decline in their population and face several threats and need special attention for their conservation (Duke et al. 2007; IUCN 2020b; See Table 12.1).

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S. No.	Name of the species	IUCN status
Genu	s: Acanthus (2), Family: Acanthaceae	
1.	A. ilicifolius L.	LC
2.	A. ebracteatus Vahl	LC
		(Continued)

Table 12.1Diversity of true mangroves and current threat status as per the IUCN Red List
of Threatened Species.

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Table 12.1 (Continued)

S. No.	Name of the species	IUCN status
Acros	tichum (3), Pteridaceae	
3.	A. aureum Cav.	LC
4.	A. speciosum (Fée) C. Presl	LC
5.	A. danaeifolium (Fée) C. Presl	LC
Aegia	litis (3), Plumbaginaceae	
6.	A. annulata Kurz.	LC
7.	A. rotundifolia Roxb.	NT
Aegic	eras (2), Primulaceae	
8.	A. corniculatum (L.) Blanco.	LC
9.	A. floridum Roem. & Schult.	NT
Aglai	a (1), Meliaceae	
10.	A. cucullata (Roxb.) Pellegr.	DD
Avice	nnia (8), Avicenniaceae	
11.	<i>A. alba</i> Blume.	LC
12.	A. bicolor Standl.	vu
13.	A. germinans (L.) Stearn.	LC
14.	A. integra N.C.Duke.	vu
15.	A. marina (Forssk.) Vierh.	LC
16.	A. officinalis L.	LC
17.	A. rumphiana Hallier f.	vu
18.	A. schaueriana Stapf & Leechm.	LC

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 Table 12.1
 (Continued)

S. No.	Name of the species	IUCN status
Brugi	<i>liera</i> (7), Rhizophoraceae	
19.	<i>B. cylindrica</i> (L.) Blume.	LC
20.	B. exaristata Ding Hou.	LC
21.	B. gymnorhhiza (L.) Lam.	LC
22.	B. hainesii C.G.Rogers	CR
23.	B. parviflora (Roxb.) Wight & Arn.	LC
24.	B. rhynchopetala (W.C.Ko) N.C.Duke & X.J.Ge.	Hybrid taxon
25.	B. sexangula (Lour.) Poir.	LC
Camp	otostemon (2), Malvaceae	
26.	C. schultzii Mast.	LC
27.	C. philippinense (Vidal) Becc.	EN
Cerio	ps (3), Rhizophoraceae	
28.	C. australis (C.T.White) Ballment.	LC
29.	C. decandra Ding Hou.	NT
30.	C. tagal (Perr.).	LC
Cono	carpus (1), Combretaceae	
31.	C. erectus L.	LC
Cynor	netra (2), Leguminosae	
32.	C. iripa Kostel	LC
Dolic	handrone (1), Bignoniaceae	
33.	D. spathacea (L.f.) Seem.	LC
Diosp	yros (1), Ebenaceae	
34.	D. littorea (R.Br.) Kosterm.	NA

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Table 12.1 (Continued)

S. No.	Name of the species	IUCN status
Excoe	caria (2), Euphorbiaceae	
35.	E. agallocha L.	LC
36.	E. indica (Willd.) Müll. Arg. (Now synonym of Shirakiopsis indica (Willd) Esser)	DD
Heriti	era (3), Malvaceae	
37.	H. fomes BuchHam.	EN
38.	H. globosa Kosterm	EN
39.	H. littoralis Aiton.	LC
Kand	elia (2), Rhizophoraceae	
40.	K. candel (L.) Druce	LC
41.	K. obovata Sheue, Liu & Yong.	LC
Lagur	<i>ncularia</i> (1), Combretaceae	
42.	L. racemosa Willd.	LC
Lumn	itzera (2), Combretaceae	
43.	L. littorea (Jack) Voigt.	LC
44.	L. racemosa Willd.	LC
45.	Lumnitzera X rosea	NA
Mora	(1), Leguminosae	
46.	M. oleifera (Hemsl.) Ducke	VU
Nypa	(1), Arecaceae	
47.	N. fruticans Wurmb.	LC
Osbor	nia (1), Myrtaceae	
48.	O. octodonta F.Muell.	LC
Pellici	iera (1), Tetrameristaceae	
49.	P. rhizophorae Planch. & Triana.	VU

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12.2 Mangrove Species Diversity 235

 Table 12.1
 (Continued)

S. No.	Name of the species	IUCN status
Pemp	his (1), Lythraceae	
50.	P. acidula J.R. Forst.	LC
Rhizo	phora (10), Rhizophoraceae	
51.	<i>R. apiculata</i> Blume.	LC
52.	Rhizophora x neocaledonica	NA
53.	R. harrisonii Leechm.	Species name is accepted in the genus <i>Rhizophora</i> .
54.	R. lamarckii Montrouz.	Species name is accepted in the genus <i>Rhizophora</i> .
55.	R. mangle Roxb.	LC
56.	R. mucronata Poir.	LC
57.	R. racemosa G.Mey.	LC
58.	R. samoensis (Hochr.) Salvoza.	NT
59.	R. stylosa Griff.	LC
60.	R. selala (Salvoza) Toml.	Hybrid taxon
Scyph	iphora (1), Rubiaceae	
61.	S. hydrophylacea C.F. Gaertn.	LC
Sonne	eratia (9), Lythraceae	
62.	S. alba Griff.	LC
63.	S. apetala BuchHam.	LC
64.	S. caseolaris Druce.	LC
65.	S. griffithii Kurz.	CR
66.	S. gulngai N.C. Duke.	Hybrid Parentage (S. alba \times caseolaris).
67.	S. hainanensis W.C. Ko, E.Y. Chen & W.Y. Chen.	CR

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Table 12.1 (Continued)
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Source: From Spalding et al. (2010) and IUCN (2020b). © John Wiley & Sons. Families have changed due to APG IV classification: Primulaceae = Myrsinaceae; Malvaceae = Bombacaceae; Leguminosae = Caesalpiniaceae; Heritiera (3), Malvaceae = Sterculiaceae; Tetrameristaceae = Pellicieraceae; Lythraceae = Sonneratiaceae. 18 families with their respective genera are: 1. Acanthaceae – Acanthus (2), 2. Pteridaceae – Acrostichum (3), 3. Plumbaginaceae – Aegialitis (2), 4. Primulaceae – Aegiceras (2), 5. Meliaceae – Aglaia (1), Xylocarpus (2), 6. Avicenniaceae – Avicennia (8), 7. Rhizophoraceae – Bruguiera (7), Ceriops (3), Kandelia (2), Rhizophora (10), 8. Malvaceae – Camptostemon (2), Heritera (3), 9. Combretaceae – Conocarpus (1), Laguncularia (1), Lumnitzera (3), 10. Leguminosae – Cynometra (1), Mora (1), 11. Bignoniaceae – Dolichandrone (1), Tabebuia (1), 12. Ebenaceae – Diospyros (1), 13. Euphorbiaceae – Excoecaria (2), 14. Arecaceae – Nypa (1), 15. Myrtaceae – Osbornia (1), 16. Tetrameristaceae – Pelliciera (1), 17. Lythraceae – Pemphis (1), Sonneratia (9), 18. Rubiaceae – Scyphiphora (1).





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12.3 Geographical Distribution of Mangroves Across the Globe and India

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Mangroves are distributed in nearly 118 countries across the globe (Spalding et al. 2010). Continuous efforts are being made to access the distribution of mangroves using various techniques. Giri et al. (2011) have reported an area of 137 760 km² under mangrove cover in 118 countries for the year 2000. A more recent estimate shows that mangroves occupy an area of approximately $152000 \,\mathrm{km}^2$ across the world (Yeo 2014). They are present between 30° N and 30° S in the tropical and subtropical areas (Sandilyan and Kathiresan 2012), while the highest percentage of mangroves is available between 5° N and 5° S (Giri et al. 2011). Mangrove distribution is dependent on rainfall, runoff, salinity, and temperature (Javatissa et al. 2008; Wang et al. 2011; Osland et al. 2017). The higher rainfall and runoff decrease salinity and improve nutrient availability in the estuaries which contribute to increased mangrove growth and productivity (Singh 2020). Several authors suggest that salinity is one of the most important factors determining the distribution of the mangroves (Jayatissa et al. 2008; Wang et al. 2011; Osland et al. 2017). Geographically, mangroves are located in the tropics and subtropics. Among the continents, Asia represents the highest percentage of mangrove area (42%) followed by Africa (21%), North and Central America (15%), and South America (11%). Among the countries having mangrove vegetation. Indonesia represents the highest percentage of land under mangroves (Hamilton and Casey 2016; Yong 2018; Bibi et al. 2019) whereas Southeast Asian countries contribute 33% to global mangroves (Basha 2016, p. 766). Country-wise distribution of the mangroves across the globe is given in Figure 12.2 while Table 12.2 represents the top fifteen countries having the highest mangrove cover.

India accounts for around 3% of the total mangrove cover in South Asia (Forest Survey of India 2019) harboring more than 50% of the world's mangrove species (Ragavan et al. 2016). India represents nearly 46 true mangrove species and hybrids belonging to 14 families and 22 genera, and is distributed along the coastline of nine states and three union territories: Andhra Pradesh, Gujarat, West Bengal, Odisha, Andaman and Nicobar Islands, Daman and Diu, Tamil Nadu, Kerala, Karnataka, Goa, Pondicherry, and Maharashtra (Forest Survey of India 2019; Table 12.3). Mangroves in India span an area of more than 4975 sq km (Forest Survey of India 2019; Ragavan et al. 2019, p. 257; Kumari et al. 2020, p. 1). Of the total mangrove cover in India, 29% occur along the west coast and 58% along the east coast whereas the remaining 13% occur along the Andaman and Nicobar Islands (Kumari et al. 2020, p. 1). State-wise mangrove cover of India is represented in Figure 12.3 and Table 12.3.

12.4 Important Roles of Mangroves

Mangrove forests are one of the most important ecosystems on earth (Sandilyan and Kathiresan 2012; Carugati et al. 2018). Mangroves offer a large number of goods and services to the society in addition to their important ecological roles (Barbier et al. 2011;

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S. No.	Country	Area (km²)
1.	Ashmore and Cartier Islands	9581.154059
2.	Australia	9581.154059
3.	Bangladesh	4435.329037
4.	Brazil	10521.26464
5.	Burma	5047.38696
6.	Guinea-Bissau	2733.991351
7.	India	3848.495466
8.	Indonesia	27729.48109
9.	Malaysia	5554.206441
10.	Mexico	7260.029787
11.	Mozambique	2941.053557
12.	Nigeria	6224.844022
13.	Papua New Guinea	4715.912505
14.	Philippines	2574.165676
15.	Venezuela	3334.072747

Table 12.2 Top 15 countries having the maximum extent of mangrove distribution (area in km^2 ; Giri et al. 2011).

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Source: Based on Giri et al. (2011). © John Wiley & Sons.

S. No.	State	Area in (km ²)	No. of mangrove species
1.	Andhra Pradesh	404	22
2.	Goa	26	16
3.	Gujarat	1177	15
4.	Karnataka	10	16
5.	Kerala	9	19
6.	Maharashtra	320	22
7.	Odisha	251	34
8.	Tamil Nadu	45	17
9.	West Bengal	2,112	33
10.	A&N Islands	616	38
11.	Daman & Diu	3	4
12.	Puducherry	2	15
Total		4975	46 ^{<i>a</i>}

 Table 12.3
 State-wise distribution of mangroves in India.

^{*a*} Indian mangroves represent 46 true mangrove species (42 species and four natural hybrids) belonging to 14 families and 22 genera (Ragavan et al. 2019) *Source:* Forest Survey of India (2019), Ragavan et al. (2019). © John Wiley & Sons.

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Figure 12.3 Extent of the area under mangroves in India. The mangroves are distributed in the 12 coastal states and Union Territories of India. *Source:* Forest Survey of India (2019) and Ragavan et al. (2019). © John Wiley & Sons.

Mangroves for the future 2012; IUCN 2020a). Mangroves provide goods such as timber, fuelwood, charcoal, and medicines (Uddin et al. 2013). They provide important services such as protection of coastal communities from natural disasters such as tsunami, floods, hurricanes, erosion, and landslides by serving as bioshields (Kathiresan and Rajendran 2005; Duke et al. 2007; Cheong et al. 2013; Sandilyan and Kathiresan 2015), act as habitats for several organisms including microorganisms and serve as breeding and spawning ground for many marine species such as fish, crabs, mollusks, insects, and birds (Teas 1977; Goforth and Thomas 1980; FAO 1994; Upadhyay et al. 2002; Duke et al. 2007; Giri et al. 2011; Lee et al. 2014; Buelow and Sheaves 2015; Mohd-Azlan (2014)). Unique adaptations in the mangrove communities provide many other direct and indirect benefits to the society (Mitra 2020). For example, some mangroves and even their associated flora can accumulate

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Figure 12.4 Important roles of mangroves. *Source:* Dahdouh-Guebas et al. (2005), Kathiresan and Rajendran (2005), National Parks Board Singapore (2010). Lee et al. (2014), Buelow and Sheaves (2015), Mohd-Azlan (2014). © John Wiley & Sons.

and immobilize heavy metals and other pollutants in their roots (Kumari et al. 2020). Mangrove ecosystems effectively aid in natural bioremediation and pollutant detoxification (Kumari et al. 2020). Mangroves can also absorb runoff water and waste emitted from aquaculture and therefore protect coral reefs, seagrasses, and fish habitats (Gilbert and Janssen 1998; Tam and Wong 1999; Kathiresan and Qasim 2005, p. 537). The mangroves also help in carbon sequestration and thus help combat global climate change (Alongi 2011). Following subheadings briefly explain some of the important roles that mangroves play. Figure 12.4 shows the major important roles played by mangroves and mangrove ecosystems.

12.4.1 Mangrove Forests are the Richest and Most Biodiverse Ecosystems on Earth

The mangrove ecosystem hosts diverse forms of life and therefore are reservoirs of genetic and biological diversity (Kathiresan and Bingham 2001; Sandilyan and Kathiresan 2012). They harbor huge diversity of other organisms including microorganisms, phytoplanktons, fish, crabs, and zooplanktons (Lugo and Snedaker 1974; Mumby et al. 2004; Gaos et al. 2016). A study by Upadhyay et al. (2002) stated that mangroves support a large number of

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organisms such as crabs, mollusks, and insects. Many termites and ants are also dependent on mangrove species (Adams and Levings 1987, p. 1069; Nielsen 2011, p. 113; Duke and Schmitt 2015, p. 1). Leaves and twigs of mangroves act as important shelters for insects (Macnae 1968). They are also breeding ground for migratory arthropods and birds (Poulin et al. 1992; Noske 1993; Noske 1995; Lefebvre and Poulin 1997; Nagelkerken et al. 2008; Florida Museum 2018; Wood 2019; Arcos et al. 2020). Studies have shown that several vertebrates are endemic to mangrove ecosystems (Rog et al. 2017, p. 221) and nearly half of endemic mangrove vertebrates are globally endangered (Luther and Greenberg 2009; Heimbuch 2011; Virata 2011; IUCN 2017). Some aquatic species thriving in mangrove environments are also facing various degrees of threats (Carugati et al. 2018).

12.4.2 Aquaculture: Shrimp and Fish Cultivation

Mangroves are important to humans as they provide a wide range of ecological services and livelihood opportunities. Of the several important services, aquaculture is an important service provided by mangrove forests. Fish and shrimp cultivation in the estuarine habitat of mangroves provides economic stability to the coastal communities and contribute to the enhancement of their lifestyles (Carrasquilla-Henao et al. 2019). Studies have reported the importance of mangroves for coastal shrimp and fish cultivation (Gunawardena and Rowan 2005; Manson et al. 2005; Primavera 2008; Lee et al. 2014). Studies indicate that increasing mangrove diversity may lead to increased fish production (Aburto-Oropez et al. 2008; Abrantes et al. 2019; Vincentius et al. 2019). However, recent studies show that excessive use of mangrove areas for aquaculture has contributed much to its destruction and is one of the major factors responsible for mangrove losses (Norris and Cargile 1998; Pattanaik and Prasad 2011; Rochmyaningsih 2017). The negative pressure posed by excessive conversion of mangrove habitats into aquaculture indicates that steps must be taken to reverse the losses incurred due to this and new methods for integrated and sustainable fish and shrimp farming must be developed keeping mangroves at the center of all other activities (Ahmed et al. 2018).

12.4.3 Protection from Natural Disasters: Mangroves Act as Natural Bioshields Against Natural Disasters

Mangroves are known as natural bioshields and protect coastal communities and other marine organisms for they act as a barrier to natural disasters such as tsunamis, hurricanes, and cyclones (Dahdouh-Guebas et al. 2005; Kathiresan and Rajendran 2005; del Valle et al. 2019). The aerial root system and the canopy architecture of the mangroves provide protective properties to them (Massel et al. 1999; Mazda et al. 2006; Barbier et al. 2008; Van Lavieren et al. 2012; Horstman et al. 2014; Yeo 2014; Hamilton and Casey 2016; Naidoo 2016). They are known to protect coastal areas from high wind velocity (Das and Crépin 2013) and storm surge (Gurib-Fakim and Brendler 2004; Krauss et al. 2009; Schneider 2011; Zhang et al. 2012; Liu et al. 2013; Gardner 2016). Several studies suggest that during Indian Ocean cyclones, human settlements lacking mangroves face more damages than those shielded by mangrove vegetation (Danielsen et al. 2005; Das and Vincent 2009).

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Increased mangrove forest cover can increase the protective effect. Various characteristics of mangroves such as the dominance of the species, age, and size determine the reduction of damage by natural disasters (Patel et al. 2014, p. 29; Asbridge et al. 2018; Dasgupta et al. 2019). A large number of studies explain the important protective roles of mangrove forests. The degree of protection is dependent on the species' composition, tree size, age, and canopy architecture of the mangrove forests. Therefore, it is important to take steps and actions to protect the mangroves for stable coastal communities.

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12.4.4 Medicinal Value of Mangroves

Many mangroves have been used by traditional communities based on their ethnobotanical knowledge (Ravindran et al. 2005, p. 409; Bibi et al. 2019). Therefore, like any other terrestrial medicinal plants, several species of mangroves also possess important medicinal properties because of the important metabolites they harbor in their cells (Bandaranavake 1998; Eldeen and Effendy 2013, p. 872; Saranraj and Sujitha 2015). Not only true mangroves but mangrove associates and other associated organisms, such as endophytes, also possess medicinal properties (Nurunnabi et al. 2020). Ethnobotanical studies suggest that mangroves have been used for many diseases/ailments across different countries including India (Bibi et al. 2019). Bibi et al. (2019) suggest that Bruguiera gymnorrhiza, Rhizophora mucronata, Acanthus ilicifolius, and Heritiera fomes are medicinally more important than other species. Increasing studies suggest important medicinal roles of the mangroves (Liebezeit and Rau 2006; Nurdiani et al. 2012, p. 27; Seepana et al. 2016). Bibi et al. (2019) has extensively reviewed the current knowledge on medicinal, pharmacological, and phytochemical aspects of various species of mangroves. It will not be impossible to explore new sources of drugs from mangrove ecosystems. However, future studies on the prospecting of mangroves for medicinal plants and drugs must keep in mind the principles of the sustainable development goals.

12.5 Threats to Mangroves

Mangroves, though one of the most important and productive ecosystems, face survival threats (Gilman et al. 2008; Chaudhuri et al. 2015; Makowski and Finkl 2018; Romañach et al. 2018). Large parts of mangrove forests have been converted to non-mangrove activities (Valiela et al. 2001; Thu and Populus 2007, p. 98). Many species of mangroves face varying degrees of threats and some of them are already critically endangered (IUCN 2020b). Mangroves face a large number of threats due to several factors such as human settlements, excessive use of wood, climate change, conversion of mangroves for other developmental activities, and oil spills (Duke et al. 1997; Lamparelli et al. 1997, p. 191; Walters 1997; Goldberg et al. 2020). Loss of mangroves has an indirect effect on the monumental diversity of organisms they support. Loss of mangroves directly means the loss of a large number of other organisms, also endangering the stability and survival of the coastal marine ecosystems. The following subheadings explain various threats that are responsible for the loss of mangroves and if corrective steps are not taken to reverse them, the loss of

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mangroves will continue putting the coastal communities and other marine biotas at risk. The various threats that mangroves currently face are summarized in Figure 12.5.

12.5.1 Human Settlements and Other Developmental Activities

Increasing population and immigration to the mangrove-rich coastal areas has resulted in the loss of mangrove cover across the globe including India (Walters 1997; Walters 2003; Nguyen et al. 2013; Munji et al. 2014; Saw and Kanzaki 2015; Bhomia et al. 2016; Sarmin et al. 2016; Chowdhury et al. 2017, p. 275; Goldberg et al. 2020). Rideout et al. (2013) have reported an increase in the population in Kenyan mangrove areas between 2000 and 2010 and found its positive correlation with mangrove loss. With immigration and increasing population density, other developmental activities such as roads, buildings, and construction activities also contribute to the loss of mangrove areas (Hirales-Cota et al. 2010, p. 147). Some mangrove regions of the world also face increased industrial development at



Figure 12.5 Threats to mangroves and conservation efforts. (a) Various threats mangroves facing. *Source*: Sippo et al. (2018), Munji et al. (2014), Hema and Devi (2014), Palacios and Cantera (2017), Islam and Wahab (2005), Badola et al. (2012), Krauss et al. (2014) and Lovelock et al. (2017). © John Wiley & Sons. (b) Strategies for effective mangrove conservation and restoration. *Source*: Based on Islam and Bhuiyan (2018). © John Wiley & Sons.

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the cost of precious mangroves (Ferreira and Lacerda 2016). The industries and human settlements also release pollutants that endanger other marine lives in addition to harming the mangroves (Agoramoorthy et al. 2008).

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12.5.2 Excessive Extraction of Wood

Timber from mangroves species is used as a construction material for various purposes (Feka and Manzano 2008; Tolangara 2014, p. 54; Palacios and Cantera 2017). Wood harvesting has helped a large number of communities but unsustainable harvesting can lead to the change of mangrove structure and composition (Semesi 1992; Rajkaran et al. 2010; Scales and Friess 2019). Recently, we have seen increased harvesting and overexploitation of the mangrove wood for various purposes (Ajonina and Usongo 2001; Rasquinha and Mishra 2020). Loss of mangroves has resulted in increased erosion of the mangrove areas, which can cause secondary issues to the coastal areas and the communities relying on them (Lara et al. 2002; Goldberg et al. 2020).

12.5.3 Conversion of Mangrove Forests for Farming and Related Activities

To feed the burgeoning population, land resources are insufficient and unsustainable practices are followed by people around the world to clear forest lands for agricultural purposes (FAO 2016; Kumari et al. 2019; Meek 2019). Even the mangrove forests, which are unique and limited, are also not spared from such activities (Alongi 2002; Richards and Friess 2016; Butler 2019). The mangroves have been converted into rice fields and oil palm plantations in several countries (Ong 1995; Ellison and Farnsworth 1996; Ong 2007; Saw and Kanzaki 2015; Kinver 2016; Richards and Friess 2016; Fauzi et al. 2019; Sustainability Times 2020). Increasing studies suggest the threats to mangroves due to excessive and unsustainable strategies adopted by farmers across the globe. There is a global consensus among the people that mangrove forest conversions must be halted by providing alternative livelihood opportunities and finding new innovative solutions to agricultural demand such as soil-less agriculture and indoor hydroponics (Saha 2010, p. 139).

12.5.4 Conversion of Mangrove Forests for Aquaculture

In addition to conversion of the mangrove forests for agriculture, larger portions of them are also converted to aquaculture activities such as shrimp and fish cultivation (De Graaf and Xuan 1998; Hein 2000, p. 48; Barbier and Cox 2004; Ashton 2008; Polidoro et al. 2010; Romañach et al. 2018). Several researchers have reported a decline in mangrove cover due to aquaculture (Dahdouh-Guebas et al. 2002; Islam and Wahab 2005; Giri and Muhlhausen 2008; Feller et al. 2017). Even excessive harvesting of the fish broods from the natural mangrove environment has resulted in disturbances to the food chains and food webs (Ellison 2008). Although aquaculture has been an important source of livelihood for the coastal communities and provides economic stability to them, the unsustainable practices of large-scale mangrove forest conversions may lead to exposure of these communities and will make them more vulnerable to natural disasters.

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12.5.5 Global Warming, Climate Change, and Sea Level Rise

Global warming has contributed to global climate change (Dai 2010; McCarthy et al. 2010; Singh and Singh 2012, p. 93). Several studies suggest that global climate change will have extreme impacts on the mangroves (Field 1995, p. 75; Gilman et al. 2008; Krauss et al. 2014; Alongi 2015; Wilson 2017). Global climate change impacts global temperatures, rainfall, sea level, ocean salinity, and CO_2 levels (Najjar et al. 2000; Gilman et al. 2008; Najjar et al. 2010; Ellison and Zouh 2012; Ward et al. 2016). All climate-associated changes may affect mangrove distribution and species' diversity across the globe (Gilman et al. 2008; Record et al. 2013; Alongi 2015; Ward et al. 2016; Osland et al. 2017). Scientists have started understanding and predicting the future impacts of climate change on mangroves. Cavanaugh et al. (2019) suggested that the mangroves might move toward poles because of increasing global temperature. However, their long-term survival may not be possible despite poleward movements as they can be impacted by other climatic constraints (Osland et al. 2017). Climate change-associated changes such as global sea level rise, increased accumulation of sediments, change in salinity and availability of freshwater have started impacting mangroves (Ellison 1994, p. 11; Ellison 2012; Krauss et al. 2014; Alongi 2015; Ellison 2015; Lovelock et al. 2015; Ward et al. 2016). Few authors have studied the loss of mangroves due to sea level rise (Woodroffe and Davies 2009, p. 65; Meeder et al. 2017) and some have projected that sea level rise may result in intolerable levels of root submergence of the mangroves in future (Krauss et al. 2014; Calma 2020). Limited research is available on the impact of such changes on mangroves and future studies must focus on understanding and simulating the effects of such changes on their adaptability, physiology, and biochemistry necessary for their survival (Duke et al. 2007; Gilman et al. 2008; Yáñez-Espinosa and Flores 2011, p. 253; Godoy and de Lacerda 2015; Lovelock et al. 2016, p. 149). Ward et al. (2016) have reviewed region-specific impacts of climate change on mangroves and suggest that varying responses may be required to deal with climate change impacts on mangroves.

12.5.6 Limits to Landward Movement

The sea level rise may push the mangrove habitats landward (Semeniuk 1994, p. 1050; Di Nitto et al. 2014; Peterson and Bell 2015; Ward et al. 2016; Meeder et al. 2017; Osland et al. 2017). However, the landward movement may not be possible because human settlements and other anthropogenic activities have also extended and intruded into the mangrove habitats (Gilman et al. 2008; Di Nitto et al. 2014; IPCC 2019; See Figure 12.5 for illustration). Therefore, mangrove spaces are shrinking from the seaside due to the sea level rise and from landslides due to human activities making them vulnerable to extinction (Godoy and de Lacerda 2015; Schwartzstein 2019; Wongthong 2020). Further, the shrinking of the mangrove habitats can result in irreversible damages to the fragile yet one of the most important ecosystems. Adaptation of mangrove species to the land may not take place at the pace at which landward movement of mangroves is taking place because some of the species may adapt faster whereas others may take time (Gilman et al. 2008; Di Nitto et al. 2014). Therefore, policies should be devised based on the outcomes of the research on the mismatch in the adaptation of mangroves and the landward movement so that further mangrove losses can be prevented that could happen due to this.

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12.5.7 El Niño and La Niña Events

Mangroves are also vulnerable to other weather extremes such as El Niño-Southern Oscillation (ENSO) and the La Niña events (Erftemeijer and Hamerlynck 2005, p. 228; López-Medellín et al. 2011; Heras and Soares 2017; Lovelock et al. 2017; Whitfield et al. 2019). The ENSO occurs once in two to seven years and affects global climate patterns (Scaife et al. 2019). ENSO and La Niña both have been known to impact mangrove ecosystems similar to other marine ecosystems (Drexler and Ewel 2001; Alongi 2002; Gilman et al. 2008; Heras and Soares 2017; Riascos et al. 2018). El Niño and La Niña events also result in secondary events such as flooding, excessive rains, or droughts, high temperatures, and may also adversely impact the mangroves (Rosenzweig and Hillel 2008; Cashman and Nagdee 2017, p. 155; Heras and Soares 2017). Few studies have shown several impacts of ENSO and La Niña on the mangroves; however, detailed studies are required to further understand and predict the long-term impacts of El Niño and La Niña on mangrove ecosystems.

12.6 Strategies for the Conservation of Mangroves

12.6.1 Increased and Focused Research on Understanding Mangroves

Mangroves are important components of the planet earth but research on them has picked up only recently. There are fewer studies on mangroves, especially about their distribution and species composition, primarily because many mangrove swamps are inaccessible or difficult to field survey (Giri et al. 2008; Kamal and Phinn 2011; Kuenzer et al. 2011). Recently, remote sensing technology has enabled accessing the area cover under mangroves (Giri et al. 2008, 2011) because remote sensing is an indispensable tool for assessing and monitoring mangrove forests (Abbas et al. 2013). In recent years, we have seen increasing literature for the mangrove distribution, area, species diversity, their roles, and threats (Field and Whittaker 1998; Biswas et al. 2007; Alongi 2008; Nagelkerken et al. 2008; Giri et al. 2011; Goutham-Bharathi et al. 2014; Lee et al. 2014; Giri et al. 2015). However, increased studies are needed with a special focus on regionwise threat status monitoring and taking necessary interventions, the impact of climate change, adaptations in mangroves in response to climate change (Biswas et al. 2007; Grantham et al. 2011; DasGupta and Shaw 2013; Ghosh et al. 2015; Chow 2017; Romañach et al. 2018; Singh et al. 2019), and policy-based studies to evaluate the shortcomings of the legislation and rules framed based on the mangroves (Rogers et al. 2016; Sundar 2018, p. 1). Modern genomics studies can also be carried out to evaluate their genomic basis of adaptations to prepare for the future (Dodd and Rafii 2002; Das and Strasser 2013, p. 53; Xu et al. 2017).

12.6.2 Implementation of Mangrove Conservation-Related Laws, Guidelines, and Other Initiatives

It has been found that of the 75% of mangroves located in 15 top countries, only 6.9% of them are in the protected areas (Thomas et al. 2017; Bibi et al. 2019). Several factors have

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contributed to the loss of mangrove species and the mangrove ecosystems and to arrest the continuous decline, laws must be reanalyzed and reframed as per the current demands of time (Duke et al. 2007; Friess et al. 2019; Bell-James et al. 2020). Various international agencies, organizations, and governments of the different countries have framed general and specific guidelines and promulgated laws for the protection of mangroves (Duangiai et al. 2013; Lundquist et al. 2017; Udoh 2016, p. 151; Suman 2019, p. 1055). Specific legislations are needed to tackle growing losses to mangroves and these legislations vary from country to country. Many countries like Tonga lack the basic guidelines (MESCAL 2011) whereas countries like Indonesia have certain guidelines for the conservation of mangroves, but are unable to reduce the deterioration of the mangroves due to the overlapping of the laws and illegal logging in these ecosystems (Sunvowati et al. 2016). To fill that gap, FAO (1994) has issued some important mangrove forest management guidelines which have been found to be successful in several countries (Field 1999; Kairo et al. 2001). Various initiatives have been taken worldwide for the conservation of mangroves. The General Conference of UNESCO held in 2015 has adopted "The International Day for the Conservation of the Mangrove Ecosystem" and it is celebrated each year on 26 July globally (UNESCO 2015). The purpose of this is to raise awareness of the importance of mangrove ecosystems as "a unique, special, and vulnerable ecosystem" and to take steps to sustainable management of mangroves (Shunula 2002). The 2030 Agenda for Sustainable Development which includes 17 goals and 169 targets has also given due importance to mangrove conservation and management (Sharrock and Jackson 2016; Neumann et al. 2017; Nagabhatla et al. 2019). The role of mangroves and the need for their conservation is also well acknowledged under the Paris Agreement of the United Nations Framework Convention on Climate Change (UNFCCC) (Burns 2015, p. 415). Save Our Mangroves Now, an initiative of the IUCN and WWF is also contributing to the conservation of the mangroves (IUCN 2018; United Nations Ocean Conference 2019; IUCN 2020a).

In India also, several measures have been taken including statutory mechanisms for the conservation of mangroves (Kumar 2000). Several legislations such as The Environment (Protection) Act of 1986, The Biological Diversity Act of 2002 are directly or indirectly linked to mangrove conservation and management (Ramachandran et al. 2018). Green India Mission which is a subcomponent of the National Action Plan on Climate Change, 2008 has prioritized conservation and restoration of mangroves (Ravindranath and Murthy 2010; DasGupta and Shaw 2013).

In spite of all these efforts, difficulties arise in the proper implementation of laws and various other guidelines and initiatives due to the undervaluation of mangroves and other factors such as fragmented geographical distribution of mangroves and acute shortage of government staff and facilities (Ashokkumar and Irfan 2018). However, to save mangroves, a proper policy and legislative framework is important but its implementation is more challenging and important. Therefore, an implementation must be given more preference and also reformation of some of the archaic legislations must be done. Table 12.4 represents a non-exhaustive and indicative list of various types of initiatives and the organizations/agencies involved in mangrove conservation and management.

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 Table 12.4
 Some of the important global initiatives for the Conservation, Protection, and Regeneration of Mangroves.

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S. No	Organization/Initiative	Effective working area	Website/URL
1.	Global Mangrove Alliance	Financing, strengthening policy, building capacity, developing a proof of concept and knowledge sharing.	http://www.mangrovealliance.org/initiatives/
2.	Food and Agriculture Organization	Various activities such mangrove forest management, afforestation and various studies on them, reports, guidelines.	http://www.fao.org/forestry/mangrove/3940/en/
'n	IUCN Mangrove Rehabilitation for Sustainably Managed Healthy Forests Project.	Building capacity and improving the sustainable management of mangroves at local and national level.	https://www.iucn.org/regions/oceania/our-work/ nature-based-solutions/water-and-wetlands/ pacific-mangroves-initiative/ mangrove-rehabilitation-sustainably-managed- healthy-forests-marsh-project
4.	World Wildlife Fund	Protection of mangrove ecosystems using various programs and by collaborating with various organizations and governments.	https://www.wwfca.org/en/species_and_places/ mangroves/
5.	The International Blue Carbon Initiative	Emphasize on the importance of the marine resources such as mangroves for their protection and use for carbon sequestration.	https://www.thebluecarboninitiative.org/
6.	International Partnership for Blue Carbon	Protection and conservation of mangroves and other ecosystems that are important for capturing carbon.	https://bluecarbonpartnership.org/
7.	Global Nature Fund	Reforestation of global degraded mangrove areas	https://www.globalnature.org/Mangroves
×.	Mangrove Action Project	US-based nonprofit which collaborates with individuals and organizations to preserve, conserve, and restore mangrove forests.	https://mangroveactionproject.org/
.6	Global Mangrove Watch	Online platform that provides the remote sensing data and tools for monitoring mangroves.	https://www.globalmangrovewatch.org/?
10.	Mangrove Science	Monitoring and modeling mangroves with remote sensing.	https://mangrovescience.org/

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S. No	Organization/Initiative	Effective working area	Website/URL
11.	The Mangrove Alliance	Community-led stewardship of mangrove forest ecosystems and restoration of mangrove ecosystems.	https://ecoviva.org/mangrove-alliance/#
12.	International Society for Mangrove Ecosystems	Knowledge, training for mangrove conservation.	http://www.mangrove.or.jp/isme/english/index. htm
13.	Turing Foundation	Mangrove rehabilitation projects.	http://www.turingfoundation.org/ kw_mangrove_uk.html
14.	BirdLife International	Protection of mangroves by involving communities.	http://www.birdlife.org on 21/09/2020
14.	ZSL Institute of Zoology	Conservation and monitoring of mangrove forests.	https://www.zsl.org/science/research/mangroves
15.	International Tropical Timber Organization	It is involved in conservation and sustainable management of mangroves.	https://www.itto.int/sustainable_forest_ management/mangroves/
16.	Nature Environment and Wildlife Society	Conserve ecology and environment, wildlife, natural resources.	https://naturewildlife.org/
17.	Mission Mangroves	Aims to restore Mumbai's depleted mangrove cover	https://www.unitedwaymumbai.org/ mission-mangroves
18.	Australian Mangrove and Saltmarsh Network	An Australian independent informal network for protection of mangroves.	https://www.amsn.net.au/
19.	Mangroves for the Future	Promotes mangrove conservation by partnerships with organizations and communities.	https://www.mangrovesforthefuture.org/

12.6.3 Strengthening Conservation Mechanisms

Conservation and/or restoration of mangroves and degraded mangrove ecosystems must be based on the evidence-based conservation/restoration approaches (Le 2008). Ideally, conservation and restoration practices should be based on natural regeneration systems (Kairo et al. 2001; IUCN 2011; Mchenga and Ali 2014, p. 334; Romañach et al. 2018; Lee et al. 2019). For example, monocultures of one type of mangrove species to increase mangrove forest cover may not yield the desirable results but holistic approaches must be taken to recover the mangrove ecosystems along with other organisms of the ecosystem (Primavera et al. 2016; Romañach et al. 2018). Therefore, conservation activities must be revisited and holistic elements must be added to the mangrove conservation and regeneration programs (Kairo and Mwita 2020). Moreover, the focus should also be placed on highpriority species which are at high risk of extinction in the near future (Macintosh and Ashton 2002, p. 338) (See Table 12.1 for varying degrees of threats mangrove species face). Evidence-based sustainable conservation mechanisms must be strengthened to obtain desirable outcomes (Farley et al. 2010, p. 39).

12.6.4 Targeting Land Ownership-Related Issues

In several regions, mangroves exist on privately owned lands, which creates hurdles in the implementation of mangrove-related laws (Hema and Devi 2014: Suman 2019, p. 1055). In one of the Indian states, i.e. Kerala alone, about 80% of the mangrove land is under private ownership (Muraleedharan et al. 2009; Vidyasagaran and Madhusoodanan 2014, p. 38). A similar issue exists in other states of India and other countries of the world also such as Srilanka, the Philippines, and Ghana (Farley et al. 2010; Adger et al. 1997; Asante et al. 2017). Because of the ineffective imposition of the laws to private properties, mangrove forests are being converted to personal private activities such as aquaculture, agriculture and settlement purposes (Ron and Padilla, 1999, p. 297; Farley et al. 2010; Asante et al. 2017; Sathirathai and Barbier 2007; Srivastava and Mehta 2017). Several countries have allowed the conservation of plants on private lands also by sufficiently rewarding the people involved (McNeely 1993, p. 144; Spiteri and Nepalz 2006, p. 1; Pascual and Perrings 2007, p. 256; Kamal et al. 2015, p. 576). Some successful examples of mangrove conservation on private land are available. For example, in Southeast Asia, payment for ecosystem services approach through landowners ensured sustainable livelihoods and mangrove conservation (Friess et al. 2016). Therefore, a similar practice of promotion of conservation on private land can be taken up wherever this issue exists.

12.6.5 Involvement of Local Communities

Involvement of local communities is important for the effective implementation of the projects aimed at the conservation of the mangroves because in several parts of the country and globe, mangroves are located in the private lands of the people. Engagement of local communities can improve the conservation success rates (Mangora 2011). Badola et al. (2012) studied the attitudes of local communities toward the conservation of mangroves in the East Coast of India and found that many participants provided positive

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feedback and agreed to participate in mangrove conservation programs. A similar study by Roy (2016) from Bangladesh suggests that more than 50% of the people agreed to participate in mangrove conservation programs. Studies also suggest that the unavailability of alternative employment opportunities also push people toward illegal harvesting of mangrove resources (Badola et al. 2012; Roy 2016). Local coastal communities are connected to the mangrove forests and somehow know the values of mangrove-human connections and their ecological and economic importance (Hussain and Badola 2010; Kusmana and Sukristijiono 2016). Spreading more awareness and sensitizing them about the roles and importance of mangroves can yield positive results in the participatory management of the mangroves (Shunula 2002). Since mangroves provide a large number of economic benefits to the communities associated with them, excessive usage and overexploitation of mangrove resources can result in loss of jobs and lead to poverty among the coastal communities relying on them (Hoanh et al. 2006; Ave et al. 2019). It has been suggested that educating coastal communities about sustainable consumption and production and harvesting practices can help in effective management and sustainable exploitation of mangrove and associated resources (Glaser 2003; Ramirez and Townsend 2006). The bottom-up approaches to conservation and management of mangroves involving the local communities have been successful so far (Owuor et al. 2019a). Therefore, policies should be designed keeping both mangroves as well as local communities relying on them at the center in which locals also derive economic and livelihood benefits and mangroves are also sustainably managed (Badola et al. 2012). Alternatively, policies can be designed to provide alternative sources of income to the locals by reducing their overdependency on mangroves (Mitra et al. 2006; Sathirathai and Barbier 2007; Leal Filho et al. 2019). However, excessive restrictions on the locals and prohibiting them from using mangroves do not vield positive results without providing alternative income and livelihood resources (Mitra et al. 2006). A very successful model of sustainable conservation involving local communities is often cited from the two coastal sites in the Philippines, i.e. Bais Bay and Banacon Island (Walters 2003, 2004). The local communities in these two islands started participating in the conservation and restoration of mangroves using local knowledge even before the participation of governments and non-governmental organizations (Walters 2003, 2004). Several other studies have also indicated the important roles of local community knowledge in the sustainable management of mangroves (Kumar 2000, p. 41; Zorini et al. 2004; Iftekhar 2008; Badola et al. 2012; Datta et al. 2012; Roy and Alam 2012; Febryano et al. 2014; Lee et al. 2019).

12.7 Conclusion

This chapter explored various important aspects of mangroves such as species diversity, global distribution, threats, challenges, and the recent conservation initiatives. The chapter also discussed various goods and services provided by the mangroves that contribute toward the overall prosperity of mankind. It is well established that they provide numerous ecological services that could be harnessed to mitigate the effects of global climate change. For example, they are one of the most important storehouses of carbon sequestration and storage. Some species of mangroves face serious survival threats.

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Various threats and the conservation challenges that impede conservation and restoration efforts have been discussed in detail. The chapter will be an important and useful material for the students and researchers who wish to start their research in the diverse areas of mangroves. It will also act as an awareness material for people from nonscientific and nontechnical backgrounds.

Acknowledgments

Ajay Kumar acknowledges the funding support provided by Science and Engineering Research Board (SERB), Department of Science and Technology (DST) vide Sanction order File No. EEQ/2019/000441 dated 2 December 2019 and Central University of Kerala for extending other facilities.

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